

17th Annual Holistic Health Seminar on Memory Loss Empowering Families to Prepare for the Future: Courageous Conversations

Saturday, June 1, 2024
Virtual: 9am-11am
In-person: 9am-12pm



Hybrid Event

Two attendance options:

Virtually: via Zoom

In-person: New Psalmist Baptist Church
6020 Mariam Dr., Baltimore 21215

*Attend in-person for breakfast, **FREE health screenings, resource tables** & an exercise demo*

Registration Information

Register at tinyurl.com/2024HHS (or call 410-550-2281)

Registration is free but required.

Please share information about this event with your family, friends, and coworkers!

About the Seminar

A free hybrid conference for residents, caregivers, family members, and health professionals in the Greater Baltimore Area

Seminar Topics

- Medical care planning, including when legal services are needed
- Financial planning, including tips for managing another's finances and preparing for care costs
- Tips to prepare for and manage grief and loss, including a discussion of hospice and palliative care

For more information, visit www.baltimoremacab.org/holistic-health-seminar

